

Rhein Valley Line Dance

Fast Train

Line Dance, 32 Counts, 2 Walls

Choreography: Arthur Furrer, Juli 2001 Level: Intermediate

Music: I Been To Georgia On A Fast Train Artist: Willy Wainwright

CD: Here And Now BPM: 122

Music: 360° Degrees of You Artist: SheDaisy

CD: Sweet Right Here BPM: 111

1-8 Step R, L, Shuffle Forward R, L, R, Rock Step Forward L, 1/2 Shuffle Turn L

1, 2 Step forward right, step forward left

3&4 Shuffle forward right, left, right

5, 6 Rock step forward left, recover right

7&8 1/2 shuffle turn left left, right, left

9-16 R over L, Kick L, Sailor Cross, R over L, L over R, Together R, Jump Back Twice

1, 2 Cross right over left, kick left diagonally forward

3&4 Cross left behind right, step right slightly right, cross left over right

5, 6 Cross right over left, cross left over right

7&8 Step together right, jump back with closed legs twice

17-24 Side L, Touch R and Clap, Step R with 1/4 Turn R, Touch L and Clap, Side L, Touch R and Clap, Step R with 1/4 Turn R, Step L

1, 2 Step left, touch right and clap

3, 4 Step right with 1/4 turn right, touch left and clap

5, 6 Step left, touch right and clap

7, 8 Step right with 1/4 turn right, step forward left

25-32 Lock Shuffle Diagonally R, Lock Shuffle Diagonally L, Lock Shuffle Forward R, L Toe behind R, 1/2 Turn L

1&2 Lock shuffle diagonally forward right, left, right

3&4 Lock shuffle diagonally forward left, right, right

5&6 Lock shuffle forward right, left, right

7, 8 Touch left toe behind right foot, 1/2 turn left

Repeat

2. Workshop-Tanz an der BIG LINE DANCE NIGHT vom 24.11.2007